

Look Within, I'm Your Mother

*This is what a mother wants her
child to be like...*

Anuj Harshwardhan Sharma

Look within – I'm your Mother

A mother's contribution in life of a child can never be contained in a book but here is a sincere attempt from my side to tell those who never had a mother what she would have wanted them to know. These are some common things a mother expects from her child and wants the child to know.

I, Anuj Harshwardhan Sharma from Gurugram, India, author of this book, am publishing this book on www.ahwsharma.com on 26th of February 2022. I declare that anyone can download this book, edit this book and publish this book for free. The purpose of this book is not to make money but rather to reach every single orphan in the world. I have written this book from an Indian perspective, if you are NOT from India, you can edit this book as per your understanding and culture and teachings of your country. If you are an author from another country, you can edit this work as you like but please do make sure that this work reaches its proper audience – The children who don't have parents.

Thank you.

If I were with you, I would always guide you – always!

But now, you have to do it yourself, my child.

I am looking at you from the sky above;

You are a part of me... and within you... I live.

I am your mother!

The moment I saw you and held you in my arms, that was the most beautiful moment of my life, I still live within you but you are just a child, what do you know about this world...

My child let me tell you what you should know, listen as your mother speaks... This voice that you hear right now is coming from me, living inside you.

Learn what I am about to teach you and become the best person you can be.

Do you know what I want you to be...

I want you to be...

I want you to be...

Happy

1) Happy:

I want you to have all the joy in the world. When I held you in my arms for the first time, I wanted to give you all of my love, joy and everything I had forever but I did not get an opportunity to do that.

Still, that doesn't mean you can't have it now.

There is no need for me to be around you when I am deep within you. In fact, if I was with you, I would have to leave you to go to work, to do chores, but none of that is required now, as I am with you all the time now. I want you to be the happiest person in the world.

When you smile, I smile with you. So why wait, smile! It looks good on your face, it makes this world a better place, tell me one reason why shouldn't you have it on your face all the time? I know you work hard, I know you get tired, I know you feel lost; I know you feel afraid, we all feel those things, you are not alone. I want you to be someone who can smile and laugh even when everything seems lost. Your eyes sparkle when you smile, I know it, and you should know it too.

There is no one in the world who is not struggling but still many people manage to keep their smiles, I want you to be one of those people. Never have a long face, if the world around you doesn't have smile, give it yours, and spread it.

Happiness is something that you have to find within, you don't have to seek it somewhere else, you don't have to seek it outside, you were born with it. If you count the blessing that you have in your life instead of focusing on what you do not have or what you want in life, you will be far happier. If you can see, you can walk, you can do something you want to do, you are blessed in life and for that you should be happy. Happiness is a state of mind and I want you to embrace this state of mind. No-one can be happy all the time, there will be moments when you will be sad but for how long you want to live in that sad state depends entirely on you. Happiness is a choice, always choose it.

Let me tell you something, the world has witnessed that a prince might have better material things but his level of happiness will be similar to the person who knows how to enjoy the beauty of day and night, clouds and stars, flowers and bumblebees. Happiness is not a property only rich can afford, all you have to do is choose it and it will be yours. This wealth is distributed fairly by God to all, you have as much as anyone else does. Never forget this.



I want you to be...

Healthy

2) Healthy:

I never had the opportunity to feed you. They say that a mother's milk makes a child strong and healthy and a child must have it, but you never had it, my child.

But that doesn't mean you can't be healthy now.

If a mother's milk gives strength, don't you think her soul, which lives within you, will give you the strength?

I want you to be healthy, my love. For that you must get proper nutrition, you have to take care of yourself. Don't be hungry for long hours. I know it might sound challenging to you, I know there is no "Papa" or "Mummy" to feed you but this world is full of wonderful people. Never let anyone convince you otherwise.

If you seek, you can even get God, let alone food. Whenever you get something to eat, bow down to the Almighty who gave you food to eat.

There are many good people who will help you, there are many organizations, NGOs that can help you. If you can't find any of these, seek help from police, they will let you know where to go and what to do. You don't have parents but you do have a country in which you are born, that country gives you some basic rights, and one of those rights is to seek help, and, as I already told you, the world is made up of wonderful human beings, they won't let you down.

What I am about to tell you now is something I don't want you to learn from experience, listen to me and learn.

There are many people in the world who will tell you to work harder, harder and harder and one day you will succeed, that is true to a good extent but what I want you to know is, never over-do anything. What people won't tell you is that there are many people in the world who work day and night and one day they just die because of heart attacks, they go mad because of various diseases and mental health issues and they lose what should be most precious to them – their lives.

Have a healthy meal, drink lots of water, it is good for you. Never sacrifice your health for anything. There might be richer people in the world who have all of the man-made luxuries but if you have good health, you are richer. Never ignore your health for work or anything.

I want you to be...

Loving

3) Loving:

Spread it, when you were born, you were crying and I was smiling, though you were crying still you were spreading love. All the people around were joyous. You were born spreading love, what makes you think you can't do it now? Keep doing what was natural to you.

Always have love in your heart, I live inside you, let my love shine through you. Some people will be rude to you, they will insult you, they will scold you, they might even slap you but deep within, have faith that love is the ultimate power in the world and in the end, love is the only thing that triumphs. Never let them win and make you bitter, never let them make you believe that world is made up of bad people. Yes, there are bad people in the world but they are far outnumbered by good people. Seek love and you will receive it and when you receive it, keep spreading it.

But beware my child; this world owes you nothing, not even love. You can keep on giving and one day you might receive way more love than you can imagine but unconditional love is hard to find, you must learn to love yourself. As your mother, even when I am not in front of your eyes, my love for you is limitless and boundless and I know you can feel my love. To grow love in your heart, love everyone unconditionally, including animals, even if others don't reciprocate that love.

Do you know some of the most loved, adored and respected people in the world? Mahatma Gandhi, Nelson Mandela, Dalai Lama, Martin Luther king Jr. Do you know why? All of them had one thing in common: they had love, respect and peace within their hearts. These are just a few examples of how people have conquered the world with love and care, they were done wrong to but they never did wrong. They stood their ground and always remained on the path of love, respect, non-violence and today the whole world respects them. Nobody knows about the people who did them wrong and they are lost in the pages of history but these people are immortal, this is the power of love, you too have it in your heart. Recognize it.



I want you to be...

Caring

4) Caring:

Do you know what I loved the most when I was in this world? I loved when somebody truly cared for me, just the way I do for you. My parents did, your father did, my siblings did, they all genuinely cared about me and this was one of the purest forms of love I experienced, you can call it attachment too. I want you to have this quality; I want you to work on this quality, for this you will need compassion for all living beings. Every person, every animal, every living being in this world is here because of a reason.

You are a part of this wonderful society and yes, it is wonderful but due to fast paced life people live these days, many of them have become careless, unfortunately. Right now what our society lacks is care. You must not learn from people how not to care, you must learn from those who do care. Care for your family when you have one, care for this kind nature in which you live and breathe, care for trees and animals that are a part of this planet.

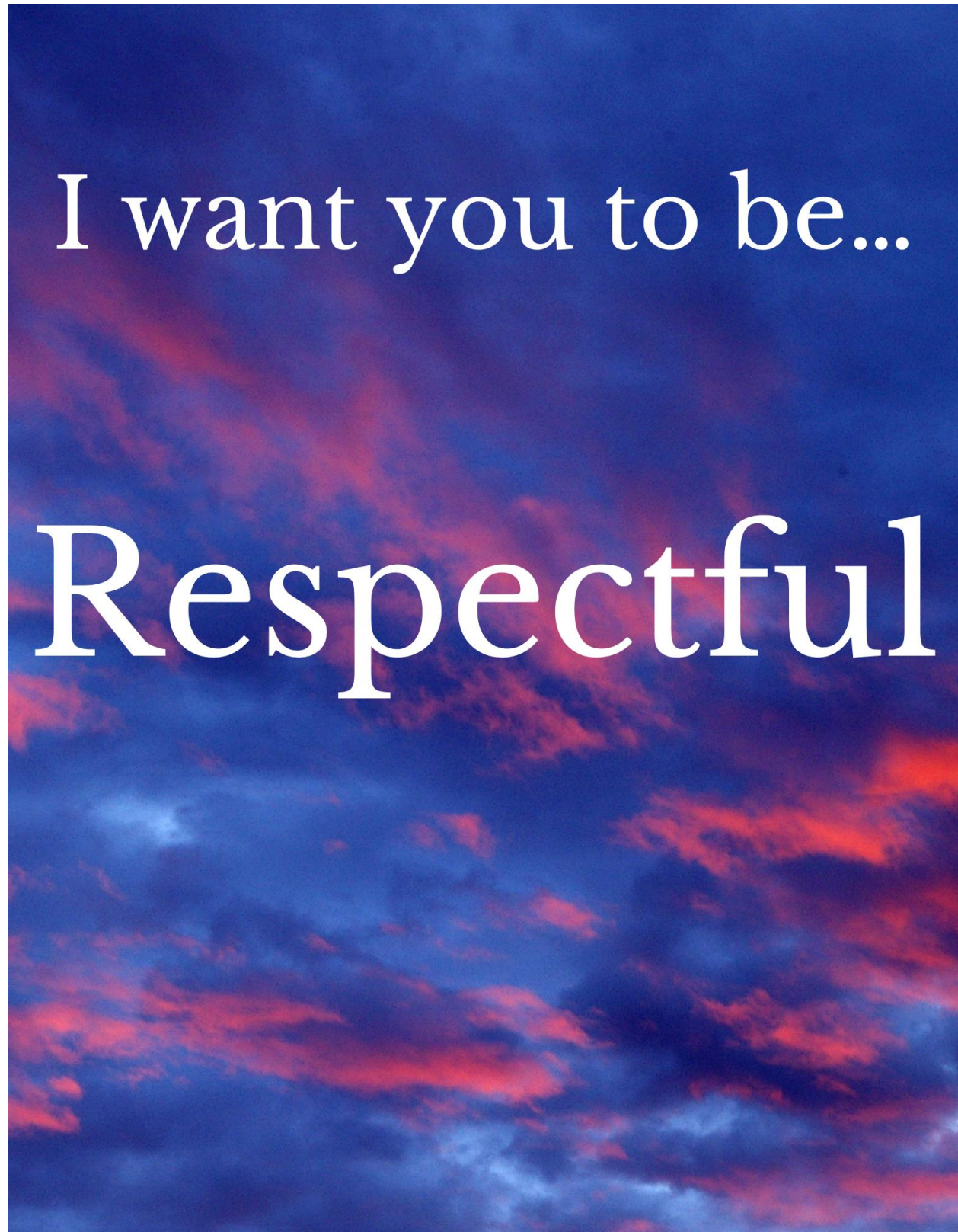
You are reading what I want to tell you, do you know why? Because, there is someone who cares. You must learn this and make a habit of caring for all.

When you visit a garden, instead of plucking the most beautiful flower, you should have the heart to adore its beauty and breathe the amazing fragrance. You must not want to destroy it, only to keep it to yourself; you should let it be, so that others can also enjoy what you enjoyed.

Now, you must be thinking, but others are plucking flowers, they are walking on green grass when they shouldn't, why these teachings are only for me?

Because you are my child and I want you to become the best person there can be. If someone can't appreciate or treasure the beauty of things, you shouldn't become like that person. Without flowers, a garden is nothing but wilderness. You should focus on becoming a flower in the garden of this world, as without your love and care, this world will be nothing but wilderness. Make it a garden, my love. You have the power to do it and I know you will.

Let me tell you something, if there is a family who doesn't have anything to eat and you provide that family with food, they will have big smiles on their faces, not because they got food but because somebody cared about them. Food will be a secondary thought for them, the first thought will be gratefulness for your care and kindness. They will smile because you have a kind heart. Even if so many others don't care, it takes just one person to make the change; it takes just one person to bring the smiles on the faces of other people. Be that person, be the change.



5) Respectful:

This one point is one of the most important life skills you will ever learn: respect. Every person in this world deserves respect, yes, I believe it. It will be hard for you to understand as it is really not easy but as your mother, I must teach you some hard things as well. You will come across many cruel and disrespectful people in life but try to understand that those people are not disrespectful to you; they have their own life experiences and they are acting accordingly. You too will have your own life experiences but I want you to know that you must not let those experiences turn you into a bitter and angry person. To have a good life, you must respect everyone; it will not degrade you to respect someone even if that person is not earning that respect. You must keep your standards high, if someone wants to degrade you, they will try to crush your soul but you must not let that happen. You must keep in mind that this world is made up of wonderful people, and while they might not be interacting with you as of now but they are everywhere. The beauty of this world is that it is made up of every kind of people but sadly we the humans focus more on what is wrong than what is right. You must focus on good, you might not get everything you want in life but if you respect everyone, sooner or later, people will begin to respect you and when that happens, you can tell yourself that you have earned their respect.

When you do something for someone who can't do anything for you in return, you don't get any tangible rewards but you earn respect. Your self-

respect gets a big boost and your personality improves with it. Keep it in mind.



I want you to be...

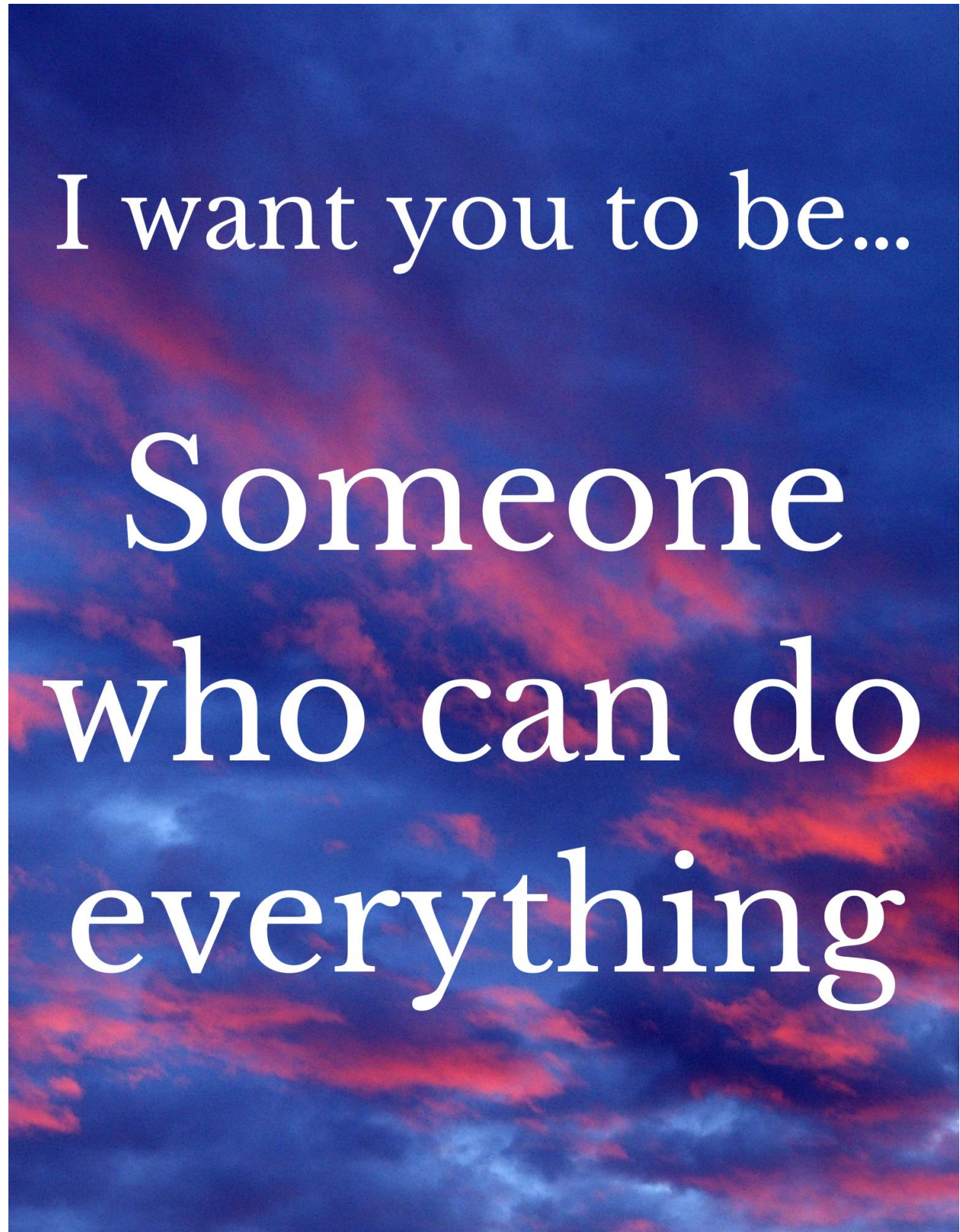
A person
with good
character

6) A person with “Good character”:

If you do everything I have told you till now, you will have a good character but there are various types of temptations in this world that may make you go astray from your path. You must not fall for these temptations and should have a strong character. Without a good character, even if you succeed, you will be nothing. This is not a desire but a must have quality to live your life, if your character is weak, sooner or later you will get in trouble and that trouble will lead to bigger troubles and you will get entangled in a web of never ending troubles. I want you to be away from these troubles and for that, you must have a strong character. A strong character is made of the traits that I am sharing with you here, such as –

- Honesty
- Integrity
- Loyalty
- Truthfulness, especially to yourself
- Self-respect

When you have qualities like these with you, you are said to have an overall good character, grow these qualities as you will need them to become a good part of this society in which you live.



7) Someone who can do everything:

My love, in today's world, skills are not related to just one thing, you must become versatile. If you are a good student, you should focus on your studies but at the same time, you should not neglect other skills which are important for life. To learn new skills, you will have to ask others, nobody will come to you to tell you what to do, you must approach the people you are with and ask them if you can help them with their work or if they can teach you something. Most of the times, people will gladly support you, and that will be a way to become better at many things at once. You can't be the best at everything but you can be best at one thing and still have skills and knowledge of other things which are important in life, such as cooking, driving, negotiating, planning, speaking, and working. I want you to learn as much as possible, read more books and make more friends, share your experiences and knowledge with them, learn from their experiences and knowledge. Every person in this world can teach you something, a rich successful person can teach you how to become rich and successful in life, a poor and struggler can teach you how to be grateful for the life you have. Look around my love, you will find something to learn everywhere, have an open mind, observe things and learn. This is how you will grow, survive and become successful.

In today's world, nearly everything is available at a click online but skills cannot be bought online. You should strive to have at least basic skills.

Cooking is one such skill, another one is speaking, English language skills are necessary today. Improve your language skills as even with this one skill you will find many opportunities in life. Learn how to use a computer if you have access to one, read a newspaper to enhance your understanding of the world around you.

While reading a newspaper, don't just look at the content, also look at how the sentences are formed, that way you will get a better idea about how the professionals write. Read aloud if possible, this way you will improve your speaking skills. Read books as many as possible, and if you can get, read biographies of people who managed to do something worthwhile in the world.

You should develop yourself into a person who not only knows what school teaches you but you should become a person who learns from everything. Life experience is the biggest teacher in the world and the best thing is, even without having a life experience ourselves, we can get to know the learnings from that experience. Do you know how? Well, many people write about their experiences in their autobiographies, that is why I want you to read biographies and other books, they will open your mind, they will teach you things you can't even imagine on your own. If you are too young to cook, look at the people who cook and observe how it is done. Wash your own cloths. Keep the place clean and tidy where you live. Try to help those

who are helping you and learn as much as you can. You should be able to do everything and I know that you can do it.

I want you to be...

Helpful

8) Helpful:

Even if you don't get help yourself, you should be strong enough to help everyone who needs you. You might not be in a position to help everyone all the time but whenever you have the capability to do that, go ahead and help. It will make you a better person. If you have 4 pieces of bread and other person has none, share whatever you can with that person. Not everyone is fortunate but everyone knows someone who doesn't even have what they have. Develop this feeling in your heart, be helpful, and remember, when your parents were not with you, somebody helped you too. Be that somebody for someone else, for by lifting others, you will lift yourself too. The people you help will, in most cases, help you back whenever you need them, and eventually it will create a group of people who will believe in helping others, and if enough people learn this thing, that day wouldn't be far when nobody in this world will have to sleep hungry. If you see nobody helping, take the lead and start this cycle of help. You too got help from someone, you can understand how important it is to have someone helping you, so be that person for someone.

Now, when I say help, do you know what it means? Help is not always material. Some people have everything they need but they don't have anybody to talk to, so don't you think talking to them and listening to them will also be a way of helping them? Sometimes other person can be sad, if you sit with him and console him, if you sit with that person and share his

sadness, won't that be a help? It will be. If someone is working extra long hours because that person has extra work and you have none, won't it be a help if you offer to work with that person? Help doesn't have to be material; it can be physical, mental, and emotional too. You might not have things to share but you certainly can share the pain of someone, that way that person will also feel better, this is also a great way of helping others.



I want you to be...

A kind
hearted
person

9) A kind hearted person:

This one is crucial for YOU, do you know why? Because I am not beside you to save you from the evil people, and with tough experiences that life gives you, you might develop bitter feelings towards the world. Never allow that to happen. You were born a kind person and that's how you should live.

Kindness is the foundation of all the other qualities that I wish to see in you, be it love, compassion or care. They all begin with kindness in your heart.

You must be kind to everyone, including those who are not kind to you. Be kind so that you become a better person, not because you are weak or can't confront anyone. Yes, I know you can face anybody, I know you can even fight but you shouldn't. This is reality, you must accept that kindness is the ultimate form of sophistication. I was kind to everyone and not once in my life I regretted this fact, even if someone was unkind with me, I was kind.

What did I get from that? Let me tell you.... When you be unkind to someone, you become bitter and a bitter person can neither enjoy the moment, nor he can live with peace or feel the beauty of life. But as I was kind, I was constantly happy. I might feel low momentarily after an incident, but ultimately I was the one who was happier and I was the one who had a better life. I want you to learn this too. Life will test you, you will meet unkind and angry people but always remember, they are angry with themselves, not with you, and you must pass this test of life. I know you can and you will, kindness is what makes life worth living, never forget this.

Let me tell you something, when you grow older, you begin to look back at life, you begin to judge yourself, and if you look back and find that you were the ones who did wrong to others, if you look back and find you were not kind to others, you will begin to doubt yourself, you will begin to feel that you don't deserve anything good, you will feel guilty and that guilt will eat up your confidence. But if you look back and see that even though others were unkind to you but you were never bad or unkind, you will feel a sense of satisfaction only fortunate ones can, you will feel happy, you will feel proud of yourself, you will know that you are a wonderful person and you will try more and more to spread love and kindness, and that in turn will make you an even better person. Be kind for yourself, be kind for your own future. Be kind so that one day you can be proud of yourself.



I want you to be...

Independent

10) Independent:

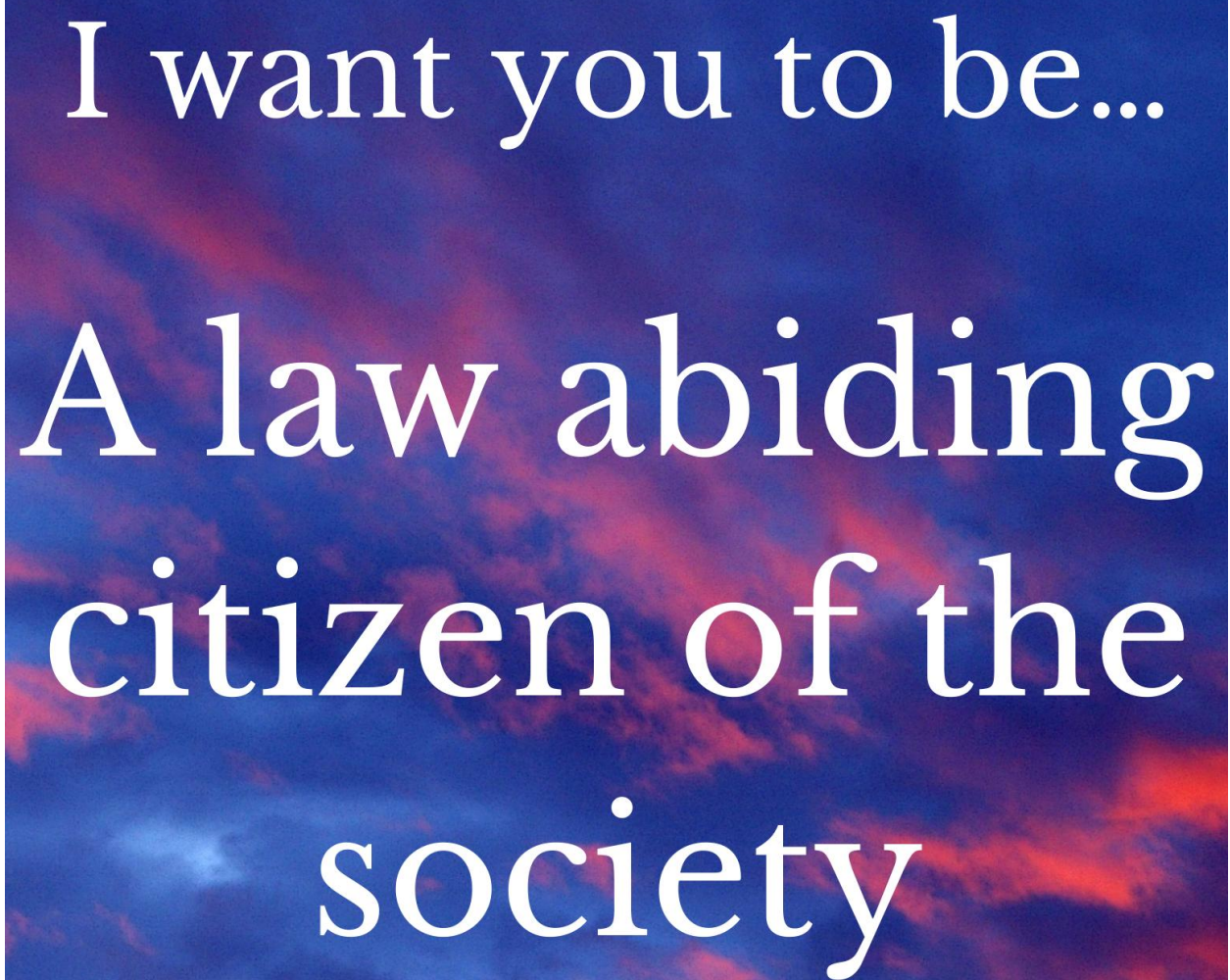
Independence is of various kinds, so don't confuse one with another. Let me tell you how these differ. Independence can be financial, it can be mental, it can be physical and you must try to have all of these. Mental independence is to make sure that you are free to do whatever you think is best for your life and for the life of those around you, but remember this, do not take any step without thinking properly as everything has consequences; we can control our actions but consequences are not always in our control.

Most people in this world are physically free, some of them are even financially free but very few are actually mentally free. I want you to be mentally free too, financial and physical independence depends on certain things but mental independence comes from within and depends on nothing but how you think, what you believe in and how you look at things. Mental independence is necessary but many people realize it way too late in their lives, and by the time they learn this, it is too late. My child, I want you to know this now, be free. Think before taking any action but when it comes down to choosing what to do, do what you think is best for you. Here I would like to give some precautionary advice too, sometimes what you might feel is best for you can be wrong. For instance, you might feel stealing something might be best for you but actually it will be the exact opposite, it will put you into troubles, it will not only degrade your character but will also put you in trouble with the law enforcement (Police, other agencies). Do

what is best for you but always be within the limits of law and never harm anybody.

Now, let me tell you about the physical independence, as I said above, if you steal something, it will put you in trouble and one of the way it can harm you is that it will take away your physical independence. As soon as you are caught, police will put you in jail and after that you will not be in a position to take your own decisions or to make free choices. Never take this physical independence for granted, it is given to you by the law that exists in our country, it is your birth right but if you misuse it, it can be taken away from you, so make sure that you never indulge in illegal activities, that way you will always be physically free.

The last type of independence that I mentioned is financial independence, this you can achieve by studying and making yourself a valuable member of the society. Study as much as required, don't ignore it and one day you will reach the point where you won't have to look at anyone to take care of your own expenses, you will become self-reliant and independent. Strive to become financially free as well but for this too, never use illegal means and stay on the right path. The illegal path certainly looks easy but is always the longer path and it only creates problems. Stay away from wrong things, keep pushing on the right path, sometimes you will feel frustrated, you will feel tired but I know that my child will not give up, I have utmost faith in you, don't let me down.



I want you to be...

A law abiding
citizen of the
society

11) Law abiding citizen of the society:

Temptation to get everything fast and without hard-work is always a powerful force, my love, but you must resist it. When the laws are made, they are made for the good of every citizen of a society, you are also a part of a society, respect the laws. Laws are there to make sure that you are treated equally and you get equal opportunity just like everyone else, never misuse this power granted to you by the constitution of your country. If you have a strong character and have compassion in your heart, you will be less susceptible to fall for unlawful things but when a person who is already in pressure sees some benefit, the temptation becomes too strong to resist, but still you must resist it. In the short term it might not feel right to you but in the long term you will see its benefits, you will become a good part of a wonderful society and you will be able to live your life keeping your head high. Remember this - never break any law.

Let me tell you something, if you think you can get something fast and before others by breaking the law, trust me law exists and sooner or later it will catch you and the day you are caught, you will not only regret your action but will also fall behind in life as you will waste years of your life either in jail or fighting the case in court, and both the things can be avoided by being within the limits imposed by law. It is for your own good, don't look at it a boundary to stop you but look at it as a boundary to stop the criminals from harming less privileged people who should also get a fair

chance at life. Respect the law and it will respect you, disrespect it and you will get punished and that's exactly what should happen. Never break any law.

I want you to be...

Careful

12) Careful:

Being careful is a very important skill and you must learn it as soon as possible. I am not telling you to be afraid, there is a difference between fear and carefulness and you must be careful because as you grow up you will be taking the decisions for your life, you will be taking decisions every day.

Decision making is a skill and you must learn it as soon as possible but be careful, my child, you can take the decisions but consequences of that decision are not always in your hand. One wrong decision may compel you to take more wrong decisions and this chain of wrong decisions will become impossible to break, so before doing anything, think about it clearly... Ask yourself...

- a) What will be the benefit of this decision?
- b) Will this decision have any negative effects?
- c) Can I really do this?
- d) Do I really want to do this?
- e) Will I need someone's support in this? If yes, do I have that support?
- f) Is this legal?
- g) Am I breaking any law? If yes, don't do it.
- h) Is this the best decision I can take?
- i) Can I do something better? Can I think of something better?

Only after answering these questions you should take a decision. Your decision should be based on your knowledge and thinking, not on emotions.

Carelessness will certainly cost you, if not something else, you will waste your time pursuing something that may be out of your reach at the moment. I am not saying there is anything that you cannot achieve; all I am saying is that the proper planning on your part is required. Never take any decision in haste, think carefully and after that move forward, this way your chances of success will increase manifold.

I want you to be...

Safe

13) Safe:

This world is a beautiful place but it is not perfect. It is dangerous, too. I want you to have faith in humanity but I don't want people to take advantage of you, so I must tell you some bitter truth about this world too. Your safety and well-being is my utmost priority, I want you to be safe and for that, you have to follow some unwritten rules of the society in which we live. You have to go out in the world and become a part of it but who you associate yourself with will have a huge impact on your safety and well-being. Not every person wants the best for you; some people will try to use you to get something for themselves. They will tell you it is for your own good but in reality it will be for their good and not yours. They will use you and after that they will abandon you like they never knew you.

Not every person is kind or loving as I know you will be, there are many people who are lost in this world, they either don't know how to differentiate between right and wrong or they don't want to, you must be aware of these people. They might use you for –

- a) Your time
- b) Your body
- c) Your intelligence
- d) Your innocence
- e) Your lack of knowledge

There can be many more ways but these are most common and widespread, let me explain each of these.

Your time: Some people might come to you and ask for some kind of favor from you and in return they might promise to help you when you need them but in reality they have no intentions of helping you. This kind of people are greedy and heartless, they will take advantage of you, they will get their work done from you, in which you will spend efforts and time but in return they will never do anything for you. They will even behave like they don't even know you. Now, after reading this, you might think that you should not help anybody but that's not what I am teaching you, I am trying to tell you that even if somebody asks you for help, you should help them only if you want to, without expecting anything in return because in many cases, you will not receive any help from them, and you should accept this reality. If you count on them and they betray you, you will become a bitter and angry person and being your mother, I will never want that to happen. So you must know that this can happen and help only if you think it is the right thing to do and you are not losing anything that you shouldn't lose, such as your own work.

Your body: Some people will take advantage of your body, they might use you for their own sexual gratification and as soon as they are done, they will leave you and will begin to look for their next prey. It is one form of using an innocent person; another form can be to make you do things which are

inherently dangerous in nature, in which chances of injury and even death are very high. You must say no to these people at all costs, these are not your friends, stay as much away from these people as possible. To use you this way, they will offer you many incentives, they will sweet talk to you, they will pretend to be your well-wishers, they will offer you gifts, rewards, lots of money but this way always leads to sorrow, tragedy, injury, pain and heart-breaks. Learn to draw the limit; never let anyone cross that limit.

Your intelligence: Some people will befriend you, not because they like you but because they might get something from you, if you are better than them at something, they might try to convince you that you should do that for them as well. This type of people are selfish, they only care about you when they need you but when you need them, they will give you nothing but excuses. These people are most common, they are not criminals but purely selfish, as long as you are useful for them, they will be with you, once their work is done, they will forget that you even exist and will contact you only when they need you again. Learn to keep distance from these people too. You can't totally avoid these people as you will surely come across such people more than once in your life but you must not put unnecessary efforts for their cause, and even if you decide to work with these people, never expect anything from them, those expectations will hurt you and never sacrifice your own work, health, time or rest for these people. Put a limit to them or they will be controlling your life and you will become their puppet.

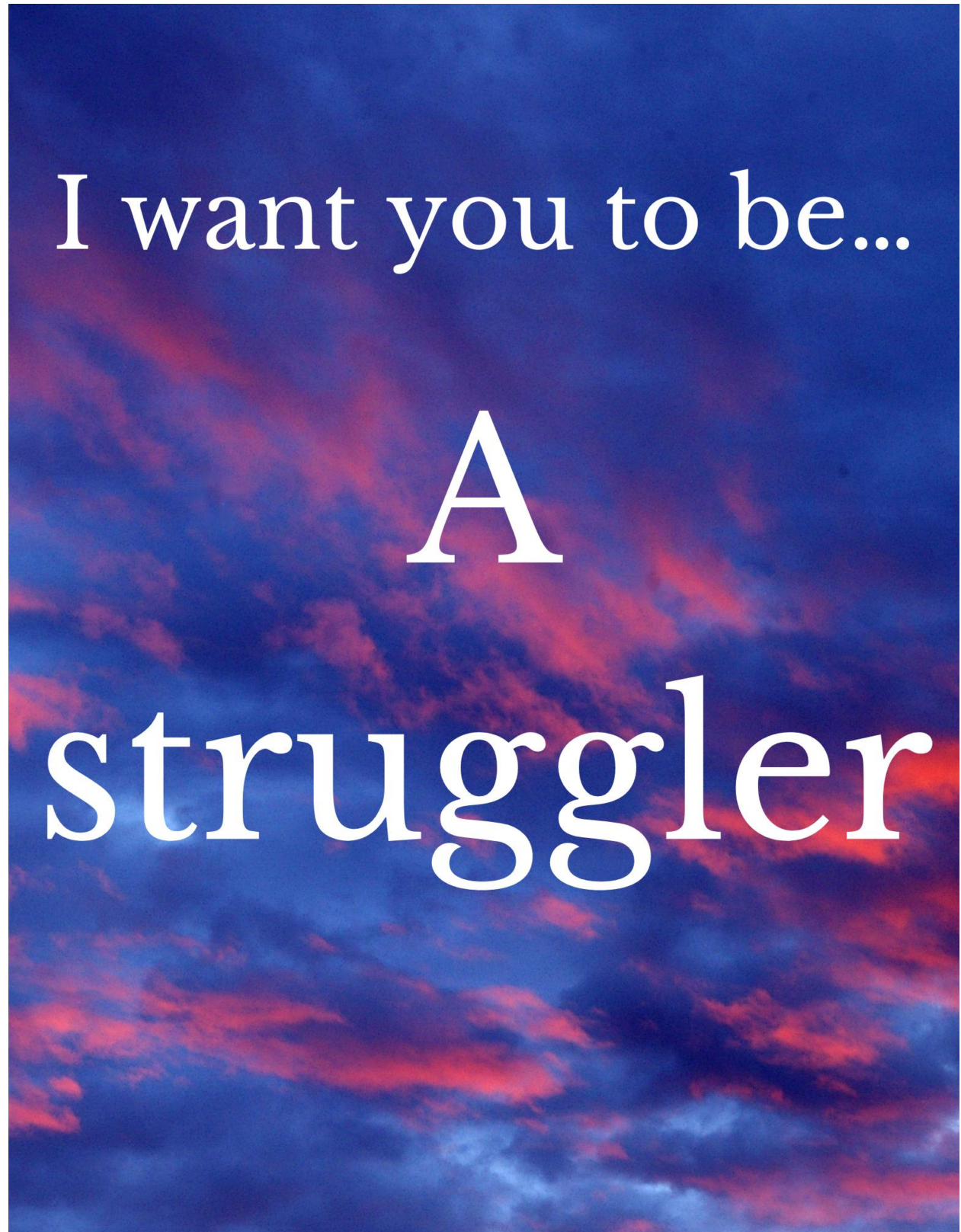
This kind of people are mostly masters of sweet talk, they will do everything to convince you that you should do something for them, never get influenced by their talk, rather judge from their actions. Their actions will tell you their reality.

Your innocence: I know you will grow up to be a wonderful, caring, loving person and you will have a golden heart but people who are like this are fooled the most. I have told you this before but I am telling you again as this point can't be stressed enough, they will use you till the point where your own work and life will get affected and that is something you should not allow to happen. These kinds of people are always looking for innocent people with good heart to take their undue advantage. These people look innocent themselves but have their own motives. You might have or might not have heard that people ask for help from others for various causes such as – Treatment of their loved ones, for food, for some other kind of emergency, they will cry in front of you, they will beg you but sometimes, these people are not really in need, they just want to take help from you so that they can feed off others' innocence. Now, I am not saying that you should doubt everyone and there are no real people in need, but you must look carefully to make sure that you are really helping a real needy person and you are not feeding a wrong person who is taking undue advantage of your innocence. For this, you may ask for help from those around you, those who are elders to you, they can tell you better who is real and who is fake,

they have seen life more than you have and they can better judge such situations. Never hesitate to ask for help and opinion of elderly people around you, their opinion will be able to guide you but final decision will still be yours.

Your lack of knowledge: There is no-one in this world who knows everything and so a person can get into situations where he never wanted to be. Your one wrong decision can make you a target of hooligans, gangs and law enforcement. There are many instances where people are made to do illegal things in return of large favors but the person committing the act doesn't even know that he is breaking a law, so he falls into the trap and ends up either injured or dead or lands in jail. There are many instances where poor and innocent people are given a task of delivering something from point A to point B, this may sound to be an innocent job and it might be, but many a times criminals use you to deliver drugs, weapons and other illegal things and once you are caught with these things, it becomes your headache as those people will never be found and even if found, they will deny handing over the package to you in the first place. These things are pretty common, these happenings are not rare, and this was just one example of how things can turn out to be something totally different from how you expect them to be, so you should always be careful.

Your safety is my prime concern and you must learn how to keep your safety a priority for yourself, no one else is going to do this for you, you must do it yourself.



14) A struggler:

This you cannot avoid, you have to struggle but remember this, no person in this world is without struggle. Every single person in this world is struggling, and no life is perfect. I am not telling you this to comfort you but because this is the harsh reality. Even the people who seem to be doing too good are struggling, you might not know their struggles, you might not know their pain but they are struggling and they are in pain. Now, some people break down in such struggles and pains and some people become strong, they accept the reality, they accept it as a challenge and go through it, they live with it trying their best to change it. They don't back down, stay low and cry, they stand up, they take decisions, they look for opportunities and they get out of their pain just to get into some other kind of pain, less severe and better. My dear, pain will always be there, you can only change its intensity, with hard work and dedication, you can make sure that you have more and more blessings than your pain.

Every person has to pick what he wants in life, everyone has to struggle, and some people have to struggle more than others but no person in this world is without struggle. Some people struggle with finances, some with health, some with mental issues, some with family, some with relationships, some with outside world, some struggle within themselves, what is common here is struggle. You must keep struggling for better life, for better future. You must never give up. There is always an option to improve, you can

improve your life in any situation, improvement is not always a massive radical change, it can be as small as keeping your surroundings clean and tidy. That is also improvement. Keep struggling, keep improving and you will have a far better life than you can even imagine today.

Some people say, struggle is the essence of life and the more we struggle, the more we learn and the more we grow, now I am not telling you to struggle unnecessarily but if you come across a challenge in life, and the challenge is important and is something that should not be avoided, confront it and begin your struggle to get through it. In the process you will fall, in the process you will fail, but eventually you will be through it and during this phase you will learn persistence, you will learn how not to give up, you will learn what went wrong and what to avoid the next time you face such challenges. In short, you will grow. Keep struggling and keep growing.



I want you to be...

Open
minded

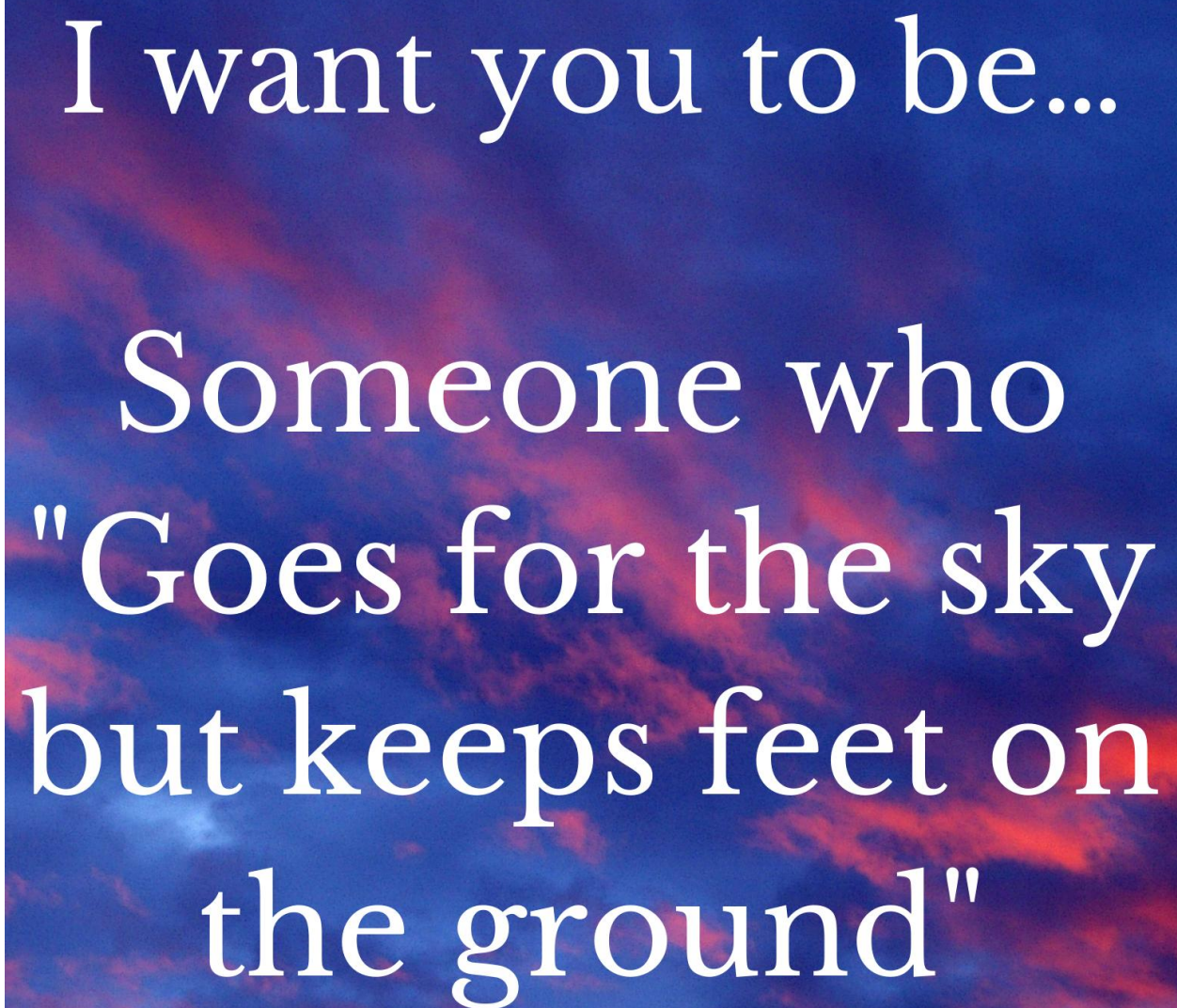
15) Open minded:

After reading everything I have told you, you might be confused, thinking if the world is a good place or a bad place, if people are good or if people are bad. Well... There is no one answer to this but yes, what is certain is that if you don't judge things too fast and have an open mind, sooner or later you will come across some amazing people. Do you know why? Because in that situation you will have more empathy, more understanding, more compassion, more maturity and these things are currently lacking in our world, so when good people come across someone who has these qualities, they feel an instant connection and their desire to get along with that person increases. You must have an open mind, never judge someone too harshly and never judge someone too fast, take your time and even after taking your time, you can't be sure if you know enough about the person to judge him so it is always better not to have pre-conceived notions about someone. You never know what a person might be going through, so having an open mind will be good for you. Just the way you want people to understand your problems, your issues, they also want you to understand them but most of the times we are so occupied with our own problems that we begin to feel that we are the only ones who have issues and when we find that no one is there to help us, we become resentful, which is not a good thing. Having an open mind lets you see that the world is not a perfect place but still people are trying to make the best use of opportunities they have and you should

do that too. You might not have many opportunities for growth but no person needs more than one, if you have even one opportunity, make the best use of it and if you feel like you have no opportunity whatsoever, in that case you need an open-mind more than anything else. There is no person in this world who doesn't have opportunities, you might not see or like them but they are there and if you don't have other options, go for it and begin to grow, once you have more opportunities, you can consider them and decide what to do further. But again I must caution you, opportunities that take you towards the wrong path are to be rejected at all costs. Life is to be lived decently and respectfully and opportunities for that kind of life are also always available, so think before you act but have an open mind.

An open mind will let you see things that can't be seen with a closed mind, it will let you see opportunity in everything, it will let you see the pain of others, it will let you enjoy the joy of others, it will help you become an initiative taker, a closed mind will do exactly the opposite. A closed mind may see problems where an open mind will see opportunities for growth and possibilities of new beginnings. There is no benefit of having a closed mind and an open mind is even more required in the modern world where information is so much and understanding is so little. Keep your mind open, welcome new opportunities, be empathetic to others and look at everything from all perspectives, as there is always more than one perspective. This

way you will take better decisions, your decisions will get you better chances in life and ultimately you will reap the benefit of having an open mind.



I want you to be...

Someone who

"Goes for the sky
but keeps feet on
the ground"

16) Someone who “Goes for the sky but keeps feet on the ground”

While trying to succeed in this competitive world, you will have to work a lot, struggle a lot and have lots of patience, and times can come when you will feel burnt out, when you will feel frustrated, exhausted and you might feel like nothing is right in your life because even after working so hard and for so long, still you are nowhere near where you want to be in life. When this time comes, you must practice the art of being grateful. Yes, I know your life is not perfect, yes I know you are working hard, yes I know you deserve better but you have to remember two things. First, this world owes you nothing, you might fail even after working harder than everyone else, yes it is possible, but you should be happy that you tried your best, you gave your best and you learned lots of new things while working hard. Even if nothing else, you will find that now you have more potential to work. Now you don't get easily exhausted while working, your stamina has increased, your will-power got stronger, so even if you miss your target, still you get lots of things by working hard but we tend to ignore these things when in reality these are the things that matter the most. Secondly, there are always people in this world who don't even have what you have. There are always people who are in far worse conditions, those who can't even seek help, those who might have messed up their lives so bad that they are at point of no return. Extreme drug addicts are an example, they can neither live, nor

die, they can just wait for the end to come, their addiction takes them to a point from where coming back becomes nearly impossible. They might have more money than you, they might have all of the luxuries you want but trust me my love, you are in a far better condition than them and they are just one such example. Learn to be grateful for whatever you have as some people dream about what you already have. There are people in this world who will give anything just to live healthy for one day but they don't get that opportunity, they spend their lives attached to the wires and pipes lying on a hospital bed. Always remember, you are never in the worst situation, there are people who don't even have what you have and still they are not giving up so why should you? It may take you many attempts to succeed but at least you have this luxury of attempts, many people can't even afford that. You might have to change the entire direction of your efforts, you may have to start afresh but always remember you are still in a far better situation than many, so be grateful always.



I want you to be...

Alone but
away from
bad
company

17) Alone but away from bad company

Being alone in this world is not easy but becomes necessity at times.

Company of good people is not hard to find but if for any reason you can't find good company, don't fall in with the company of wrong people. Who are wrong people? Those who are taking the wrong way in life, those who are indulging in illegal activities, those who hate the society in which they live, those who can harm you, those who will use you and throw you away, these are the wrong people you should stay away from. Life will not be easy alone, but it will be far worse in the company of these people. You won't have to look for bad company, bad company will find you but you must not engage with it. I want only the best things in life for you but you must understand the basics which are non-negotiable, such as this one. Living alone is far better than living with the wrong people, never forget this. Be strong enough to live and strive to become better on your own, if you can get help from people who are genuinely interested in helping you, be grateful for their help but if you can't find help anywhere, be strong enough to go your own way, entirely alone. Don't look at the wrong people as an option. After an age, let's say 30, you will find that most of the times you will be entirely on your own anyways, so loneliness and walking this path of life alone should not be something that should trouble you, learn this skill sooner than later. I know someday you will have a family of your own and you will have somebody to

share your time and feelings with but till then, I want you to enjoy the journey.

In life, it is not the destination that gives us joy but it is the journey that gives us experiences, memories. The experiences will be both good and bad, memories will be both sweet and bitter but this is what life is, you have to go through all of this to understand what matters in life and what does not matter. You have to learn these things and life will teach you all of this, I am just trying to tell you that whatever situation you are in is normal, there have been various people before you who have been through exactly the same situation, neither you are the first nor you will be the last. Learn from those who went through all of it and become a guidepost for those who will someday be where you are today. Life is a beautiful journey filled with joy and sorrows, success and failure, good and bad and this is why it is so good. Learn to enjoy it on your own.



I want you to be...

A person
who can
forgive

18) A person who can forgive:

It takes a strong person to forgive; it takes a weak person to hold on to a grudge forever. Learn to let go of the past, don't hold on to it forever. I am telling you since the very beginning that you should be strong and this is how you should live. Remember this, you will have bad experiences in life, you will encounter toxic people in this world but if that experience turns you into a bitter and angry person, I couldn't teach you anything and you learnt nothing.

Learn from me, forgiveness is good for your own soul, because when you hold on to anger, bitterness and bad experiences, you don't change those experiences, you live those experiences again and again but when you find a reason to forgive, you not only put an end to that experience, you kill the pain associated with it and you feel a sense of contentment that you can't feel otherwise. Never bind yourself to the bad experiences, always find a reason to forgive. Forgive, forget and move on. If that bad experience occurred due to your own fault, learn from your mistake and promise yourself that you will never repeat that mistake, forgive the person who punished you for your mistake and move on with your life. If you have a strong character, if you have a strong will-power, you will find it easy to forgive, so if you can't find any reason to forgive, look within, maybe you lack something and you need to work on yourself. There are plenty of examples, where people who forgave lived a far better life than those who

forever held to the anger, bitterness and grudge. These things will lead you nowhere, if you have accepted that fact that there will be bad experiences in life and you can't run away from them, life will become easier on you and you will be better prepared to deal with the setbacks, bad experiences and bitterness thrown at you by someone else.

Life gives us challenges to test ourselves, we fail when we become bitter and we pass when we learn, forgive, forget and move on. I want you to take the second path, it will lead you to eternal happiness and your life will become far better.

Let me tell you something, if you don't let go and if you don't forgive, you will think about what happened again and again and so instead of moving on, you will be stuck with that experience forever but the day you sit down with a peaceful mind and think about the event that made you angry, you will find that at-least one person was at fault, and if it was you who was wrong, accept that you were wrong, make a vow never to do what you did, and now... forgive yourself. If the other person was wrong and that person doesn't want to correct himself, leave that to him, instead of repeatedly living that event, forgive that person. Say it in your heart "You were wrong but I forgive you, I hold no grudge". These words will free you from that event, from the pain associated with it and you will be able to continue your life happily. If someone else is wrong, forgive him. But remember, you too deserve forgiveness. If you were wrong, accept your mistake, learn your

lesson and don't forget to forgive yourself. No-one is born perfect, we all make mistakes; you deserve as much forgiveness as anyone else.



I want you to be...

A
believer

19) A believer:

I want you to have faith. Being in this world require faith, have faith in yourself, have faith in your abilities and have faith in God too. If you are in this world, it means you were needed in this world, nothing happens by just coincidence, your life has a purpose, keep searching for it and have faith that whatever is happening in your life is happening for a reason. There must be some reason why things are happening the way they are happening and keep faith that things will turn out to be for good and things will get better with the passage of time. You might lose confidence, you might lose trust in the people closest to you, you might lose what you hold dear but never lose faith, for as long as you have faith, you are never alone. God exists and he will never do anything without any reason and he is not there to punish you or punish us, He is there to make sure that we get what we deserve. Pray to God every day, talk to Him, He is listening just the way I am listening to you, always.

Have faith in your abilities too, you might fail once, you might even fail multiple times but you must have faith that you can do everything in this world. Nothing is impossible for you and with this spirit you should attempt once more whatever you are trying to do. Persistence requires faith and you must not lose faith for any reason whatsoever.

The most successful people in the world have this faith within them that anything can be achieved and they begin their journey with this faith and confidence within them, learn this from them. Hard-work is required in life but to consistently do it, you need faith in your heart. I am telling you this because you will need this.



I want you to be...

A
creator of
destiny

20) A creator of destiny:

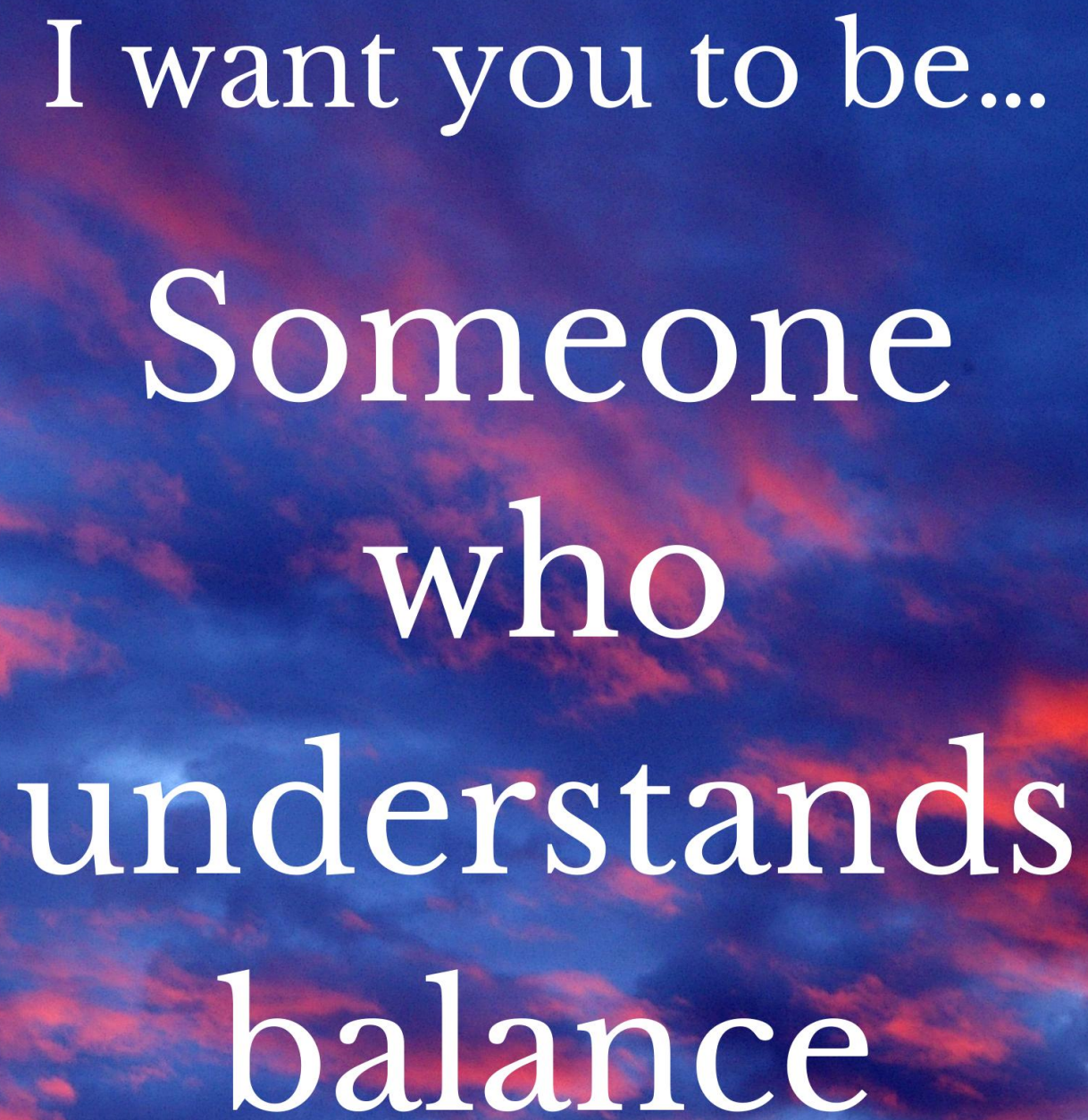
Your destiny gets decided by your own actions and your actions are dictated by your thoughts, so it is very important to have proper thoughts and you must know how to properly think before taking any action. As I have said before, there will be consequences of your actions and consequences won't always be in your control. So, to create your destiny as you want, you must first learn how to think, once you understand the difference between good and bad, right and wrong, you become a person who might not take the best decision but at-least your decisions won't have severely negative consequences, so first step in your life that you take should be to learn what is right and what is wrong and why wrong is wrong. Only after having clear understanding of right and wrong you can save yourself from falling into the world of wrong things. First learn to differentiate between right and wrong, second learn how to decide what you want in life in long term and in short term, for that you will have to look at the environment in which you are living. You can't just desire things which are currently out of your reach; you must first consider what you can do to achieve what you want. Do you have enough time, do you have enough resources, do you really want to do this, can and will somebody help you in achieving your goal? After answering all of these things decide what you want and once you have decided what you want, think about all of the consequences that can happen. Can you afford to fail? There is no guarantee of success, what will happen if you fail? Can

you afford another attempt? Are you sure you will succeed? If according to you, you have good chances of success, go for it. There is never any guarantee but we have to go with the option where our chances of success are the highest.

If you fail, consider why you failed, what you could have done to get different results, if there is something that you could have done differently and you have another attempt at doing the same thing, do it but learn why you failed and take remedial action; at the same time, if you do not have another attempt at your target, this is not the end of the world, there are plenty of things to do in the world, life gives you unlimited opportunities to prove yourself. You might have to change your target, you might have to change your direction but there are various ways to become successful, look at what you can do and start doing that, and sooner or later you will succeed. Nobody fails forever and I know you will not give up. Failures are a part of life but they don't define your life, they just try to teach you things you did not know earlier. Make the best use of the opportunities that you have.

If you pass, you have proved that your planning and work that you put into achieving your target was good enough but you must not become over-confident or cocky, both of these things are wrong. You can become the most successful person in the world but if your character is ugly, you will never be liked by anybody. You must learn how to be humble, defeat makes

us humble, success gets to our head, and you must be humble both in success and failure. Never forget this.



I want you to be...
Someone
who
understands
balance

21) Someone who understands balance:

Just the way there is no life without work, there is no life if work is the only thing you do. There has to be some kind of balance. For some days, weeks and even months, you might have to drown yourself in work but if there is no break from work and you are constantly working all the time, in that case, you are missing on life. Life is nothing without work but sometimes you have to stop to breathe, you have to look around and live in the moment, you might not be in a position to enjoy life but can't you spare some time to adore the beauty of sunset? Can't you stop for some time to look at the beautiful formations of clouds? No one can take these things away from you. I want you to become successful, I want you to achieve lots of great things in life but I don't want you to spend your entire life chasing things, for life is to live. You must stop for some time and enjoy the moment, these are the moments that will become great memories for you. Your success might give you more money and from that money you might buy fancy things but those things will never give you as much satisfaction as the moments you enjoy. So, enjoy the moment, live in the moment and try to love whatever you do, work is not a punishment, it is an opportunity for you to grow and change your circumstances in life. Look at things from a positive perspective and everything will become beautiful. Work for a better future but while doing so don't forget to live life. Make great memories, enjoy the sunset, smell the flowers, look at the full-moon and just adore its

beauty for a while, make these small habits and you will always have reasons to smile and to be happy. Live your life; don't just finish it running a race that has no ending.

What I am trying to tell you can be explained in one line too: Anything in excess is wrong. Work in excess is wrong, laziness in excess is wrong, rest in excess is wrong, food in excess is wrong, even water in excess is wrong. You must have a balance in life and this is how you will have a life in the first place. Don't forget to have a healthy balance of everything in life.



I want you to be...

Someone
who knows
that change
is possible

22) Someone who knows that change is possible:

One wrong decision is not the end of the world. I can teach you about your future but I can't change your past. If you have already done something that you shouldn't have done, first thing to do is to think why you did what you have done and realize your mistake, second step is to promise yourself that you will never repeat that mistake again in future. There are many people in the world who make mistakes, sometime without even realizing that what they are doing is wrong but I want you to make sure that even if you have made a mistake in the past, you will never repeat that mistake again. Learn from your past and change your future. You can't change your past but you can always take a vow to change your future. Do that and promise me that this was the last time when you did something that you shouldn't have done. If you have decided to change and you have learned your lesson, you can become a totally different person, someone who will have the same level of respect as others, so change and become that person.



I want you to be...
who
makes me
proud

23) Who makes me proud:

If you do all of the above things that I have asked you to do, you will have a fulfilling life, you will be away from troubles and you will become an important part of the society, and I want you to become exactly that. As your parent, I want to see you grow and I am always with you in this journey. I never had the opportunity to tell you these things but today I am telling you this. Don't look back except to learn from the past, for you can't change it anymore. Instead look ahead towards a bright future, work hard to create a bright future but don't forget to live in the moment too. Moments are what life is made up of. Go ahead and make me proud, I am always cheering for you, I am always with you, I can't hold your hand but I am always within you as your strength. Never give up. Struggle and succeed.